



Chikitsak Samuha's
Sir Sitaram & Lady Shantabai Patkar College of Arts & Science
AND V.P.Varde College of Commerce & Economics



SV Road, Goregaon (west), Mumbai 400-104

(An Autonomous College Affiliated to University of Mumbai)

"Reaccredited with 'A+' Grade By NACC (3rd Cycle) ISO 001:2015 Best College of 2016-17, DBT STAR SCHEME AWARDEE

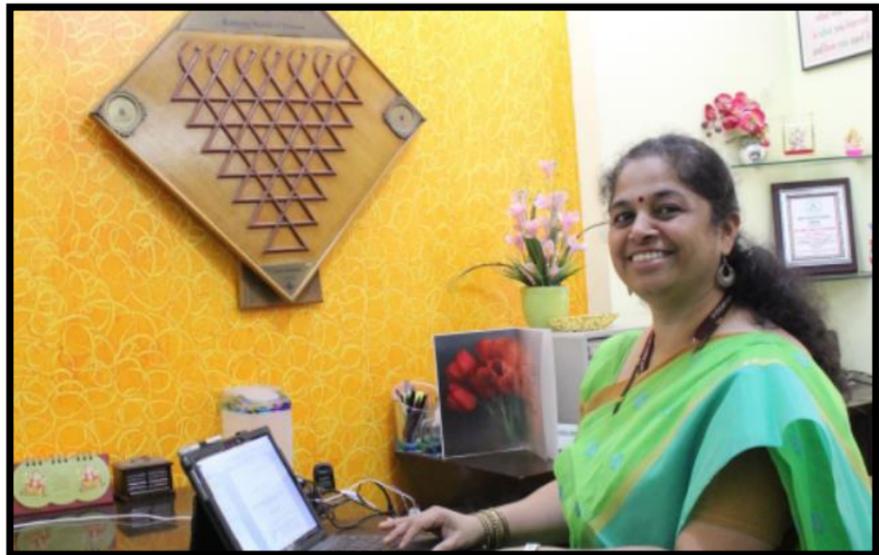


WEEKEND CHRONICLE

SPECIAL ISSUE

SPIRIT OF YOUTH – PAUSE FOR A MOMENT

AN INITIATIVE BY BMS DEPARTMENT



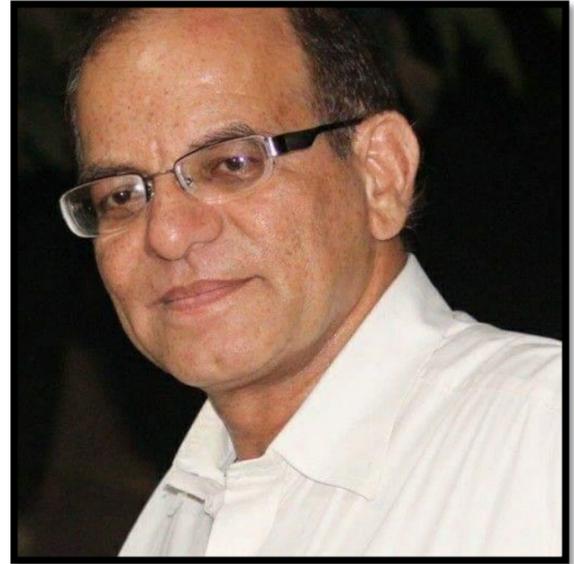
A MESSAGE FROM CHIEF EDUCATION OFFICER'S DESK

Dear Readers,

“Develop a passion for learning. If you do, you will never cease to grow.” We live today in a world that is so very different from the one we grew up in, the one we were educated in. The world today is moving at such an enhanced rate and we as educationalists need to cause and reflect on the entire system of education. On-line learning provides new age technology to widen the educational scope. It prepares students to succeed in an increasing technology driven global economy. Technology makes life much easier, most of all it saves time and energy. It is one of the fastest growing field right now and there is no sign of stopping anytime soon.

It is indeed a great moment for all of us to bring forth this weekly E-Periodical “Weekend Chronicle”. We are sure this E-Periodical will help to acquire knowledge and skills, build build character and enhance employability of our young talented students to become globally competent. There is something for everyone here, right from the fields of Business, Academics, Travel and Tourism, Science and technology, Media and lot more. The variety and creativity of the articles in E-Periodical will surely add on to the knowledge of the readers. I am sure that the positive attitude, hard work, continued efforts and innovative ideas exhibited by our students

**Dr. Mala Kharkar
Chief Education Officer
(Patkar-Varde College)**



A MESSAGE FROM THE PRINCIPAL'S DESK

Dear Readers,

As we know, "An Investment in knowledge pays the best interest."

Hence in this regard the E-Periodical Weekend Chronicle is playing a vital role in providing a platform to enhance the creative minds of our students of BMS Department.

The E-Periodical i.e online magazine drives us through varied genres containing- News related to Global affairs under departments like Business, Advertisement, IT and Science & Nature to intellectual news articles under Academics, Media and Library Departments. It also covers articles related to Food & Health care, Culture & Cuisine and Travel & Tourism which usually tops our "bucket lists" including article which address societal problems under Department of Social Issues. Lastly covering words and vision of our talented students as budding poets, writers and thinkers under Student's section Department.

Over all this vision of constructing E-Periodical by students will engage today's youth and the crafters of the youth (teachers) in their communities which is the necessity to over come hurdles of present reality. We will strive to make a better world through our acts and thoughts. Rather it is a challenge to be met!!!

**Dr. Shrikant B Sawant
Principal
(Patkar-Varde College)**

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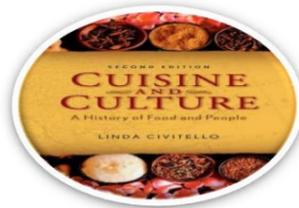
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BUSINESS

Aspiring Start-up Stories and Their Entrepreneurs.

When we look at the business history of India, there are only a few names that come in our mind. Since Independence, big players such as Tatas, Birlas, and Ambanis have ruled the market with mere domination. Now the times are changing, many new entrepreneurs are coming forward in huge numbers with their innovative ideas.

Growth of Startups in India

Indian Government took the initiative of Startup India aiming to promote and encourage the entrepreneurial spirit amongst youth. According to the new report from the National Association of software and services companies, India added over 1,300 startups, including 7 unicorns in 2019, making the country the third biggest startup ecosystem in the world behind China and the US. By 2025, the Indian start-up ecosystem has the potential to grow four times

1) Flipkart



The story began in 2007, with a one-room apartment in Bangalore. Sachin Bansal and Binny Bansal started a store by selling books online. Later, it became a household name in India with its all-time rival Amazon. Thanks to their amazing idea, it not only saved a lot of time but also changed the mindsets of many Indians towards startups. Prior to Flipkart, only a few companies managed to come this far in their journey. Now, the times have changed, we prefer to buy online rather than going to a particular shop. This revolutionizing idea has changed the Indian customer experience forever. **"As a startup company with ambitions in the eCommerce domain, we have to choose a category that could facilitate getting started quickly."** Sachin Bansal.

(2) Ola



Bhavish Aggarwal graduated from IIT Bombay in 2008. After working with Microsoft for a couple of years, he quit the job to start his own company (Ola). Fun fact about Bhavish is that he doesn't have a car of his own. It serves 250 plus cities across India, Australia, New Zealand, and the UK. Through its app, the company connects customers to drivers using a wide range of vehicles such as bikes, auto-rickshaws, metered taxis, and cabs. **"Raising capital is not the toughest part. The toughest part is building a great team and making sure it's growing with the company."** Bhavish Aggarwal.

(3) Paytm



Paytm came as a savior, pre- demonetization only a few people knew about Paytm but after note banned, the value of Paytm increased. India moved towards a cashless economy. For months people were using the Paytm app for the daily transaction which was not the case earlier. This made Paytm a household name even the small shop owners, the pan shop owners started using Paytm as a means of transaction. Founded in 2010 by Vijay Shekhar Sharma, it is now available in 11 different Indian languages and offers various online services such as mobile recharges, travel, movies, utility bill payment, and events booking as well as can be used in grocery stores, restaurants, fruits and vegetable shops, tolls, parking, and the list is never-ending. **"There are two kinds of companies in the world: one is who builds and the second who buys. Vijay Shekhar Sharma."**

(4) Zomato



Deepinder Goyal and Pankaj Chaddah were working for Bain & Co in New Delhi and in their office they were standing in the long queue for the flash of the menu card. This frustration of standing in the line for a long time made them create Foodiebay (Zomato). It provides information, menus, and user-reviews of restaurants. Uber's acquisition was on the biggest event that happened recently, when Zomato acquired its rival Uber Eats' on 21 January 2020. **"The fundamental model of our business is that in mature markets we should make profits and they shouldn't need any more outside money to grow",** Deepinder Goyal.

(5) OYO ROOMS



When Ritesh Aggarwal was staying in New Delhi before, he started OyoRooms. He was thrown out of the rented place where he lived because he was unable to pay the rent. Later, with his sheer determination and hard work, he became one of India's youngest millionaires at the age of 21. Oyo Rooms is the world's third-largest and fastest-growing hospitality chain of leased and franchised hotels, homes, and living space. **"The reality of a startup is you have failures very often."** Ritesh Aggarwal (Oyo Rooms)

- ROHIT PAWAR

(NEWSCASTER)

(Ref-<https://www.businessapac.com>)

Youngest Entrepreneurs of



In the last decade, India has experienced a vast change in the success ratio of Young Entrepreneurs. Today, people who know how to use resources wisely can do wonders with their lives.

1. Tilak Mehta

Tilak Mehta sensation of this year. A child prodigy who is running his own company of "Papers N parcels". At the age of 13, this gentleman is a businessman, entrepreneur, TEDx speaker and a tycoon in successful businesses. The idea started when he wanted a few books from another end of the city. His father came home tired after a day's work, and so he could not ask him and there was nowhere to go. This is where the idea of having a startup dedicated to carrying papers and small parcels within the Mumbai for assured intra-day delivery struck Tilak. A boy from a city of dreams has successfully carried on with his passion and built a huge empire.

2. Advait Thakur

Advait Thakur a 15-year-old Indian tech prodigy, who started using computers at age six, launched his first website at age nine and has been working with Google's AI and Cloud Platform for a couple of years now. Advait Thakur is an Indian computer programmer and Teenage Internet entrepreneur. He is the founder of Apex Infosys India and is currently its chief executive officer. Apex Infosys India is also involved primarily in Artificial Intelligence, Machine Learning & IoT Sector.

3. Priyanshu Ratnakar

A 17-year-old boy, is one of the youngest entrepreneurs of India working in the field of cybersecurity. Hailing from a tiny town of Bihar with very fewer opportunities for education, he never let any problem come in the way of his learning. Priyanshu is a self-made programmer who started with learning Microsoft DOS in third class and became an expert in most of the programming languages in the 8th standard. Moving forward, Priyanshu shifted his focus towards cybersecurity during the 9th class when the number of Internet users in India started growing exponentially.

4. Akhilendra Sahu

At the age of 17, Akhilendra Sahu (Young Indian Entrepreneur) is the Founder & CEO of ASTNT Technologies Pvt Ltd . & Technical Next Technologies. ASTNT India based company provide digital marketing, website development, app development SEO like services, Technical Next Technologies Provide best Webhosting solution India.& Akhilendra has many sub-brands, apps published on google play store. Akhilendra ranked no.1 web designer in Madhya Pradesh India.

-ROHIT PAWAR

(NEWSCASTER)

(Ref- <https://medium.com/@abhishek.sharma01/youngest-entreneurs-of-india-2020-b9h58ecaa8c8>)

ADVERTSTIMENT

Student-made commercial for Adidas gets ignored by Adidas, loved by the internet!

There are ads that sell products and then there are ads that sell dreams.

German student director **Eugen Merher** has produced a commercial which really shows the pros how it's done. A former marathon runner, stuck in a retirement home. After finding a pair of old running shoes, he starts to run once again. He attempts to "break free" (the title of the short film) a number of times, but each time his indoor run is cut short. However, in the end, he succeeds in his quest for freedom and before we know it we are cheering for him with tears rolling down our cheek.



This commercial directed by a German student, Eugen Merher, is a part of the latter.

Eugen Merher told The Huffington Post, "We tried sending it to [Adidas'] communications department but they didn't really react."

As our topic says the spirit of youth - pause for a moment. I think the above Ad project is the best example for this. As such initiatives made by students get ignored by companies and this demotivates the youth and that's the reason behind this PAUSE.



The need to empower youth for a better tomorrow is connected both, to the financial elevation as well as increment of the standard of living.

Even though Adidas failed to take notice of this brilliant commercial, it's clearly making waves!

A Student Made This Commercial For Adidas & It's Better Than Most Of Their Original Ads.

Well, it's their loss...!

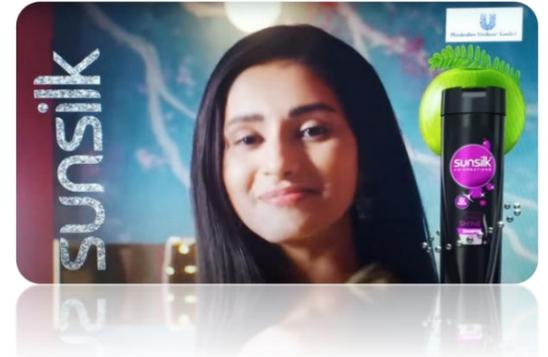
Link of the Ad Video: - <https://youtu.be/gXfLl3qYy0k>

**- KSHITIJA CHAVAN
(NEWSCASTER)**

(Ref:- <https://www.scoopwhoop.com/Student-Made-Adidas-Commercial/>)

Never-Give-Up

Sunsilk celebrates Never Give Up spirit in new ad film



Sunsilk has chosen to tell the story of women all over who are recalibrating and redefining themselves in these unprecedented circumstances. It has come up with the vibrant film conceptualized by Wunderman Thompson South Asia that focus on a hairdresser's determination to beat her circumstances and show how she completely terms for life around despite being at home.



With the strong inspirational message of '**Duniya mein chao all the time**', the flim inspires young girls that if they can think it they can do it lockdown or not.

This also helps to inspired today's youth to find the shine even on the dulllest of day and turn their life around. So just '**Never Give Up**'.

Commenting on the film, Ashish Pathak, AVP and senior Creative Director (Art), Wunderman Thompson India, said, "The current pandemic has brought about many changes and distributed livelihood, bringing some to a complete standstill".

Chandni Kapoor, AVP and senior creative director (Copy), Wunderman Thompson India, said, "**Everyone needs a little hope during this time and that's what this film leave us with a feeling of hope and inspiration.**"

This is an inspiring story of many young girls today, a story of optimize of the young girls. It comes with the inspiration that "**Lets all remember that no one can dull the shine in our hair or in our souls.**"

**BHAKTI MHATRE
(NEWSCASTER)**

(Ref: <https://www.exchange4media.com/advertising-news/sunsilk-celebrates-never-give-up-spirit-in-new-ad-film-106044.html>)

INFORMATION & TECHNOLOGY

A New Approach to Internet Safety Apps Helps Teens Regulate Their Own Online Activity

Cyber bullying, pornography, sex-ting, Internet addiction—teens can stumble into serious digital trouble, and it's got parents worried. But many popular safety apps fail to help. Some are so wonky that they block good content as well as bad. Others allow excessive invasion of privacy, which teens resent. Now, experts say there is a better way to keep your teens safe while empowering them to make good decisions online. **“By taking a more ‘teen-centric instead of a ‘parent-centric approach to adolescent online safety, researchers and designers can help teens foster a stronger sense of personal agency for self-regulating their own online behaviors and managing online risks,”** says Pamela Wisniewski, author of “The Privacy Paradox of Adolescent Online Safety,” in the March/April 2018 issue of *IEEE Security & Privacy*.



When parents regulate online behavior, kids end up doing two unhealthy things—sharing too much with peers and strangers, and trying to hide it all from their parents. Experts call this the **“privacy paradox.”** Teens want privacy, but they also want to share every tiny detail of their lives with the world. **“On one hand, we are telling teens that they need to care about their online privacy to stay safe, and on the other, we are taking their privacy away for the sake of their online safety. This catch-22 poses a ‘new’ privacy paradox for our youth that needs to be addressed when designing future technologies to protect teens from online risks,”** says Wisniewski.

Considering the above conundrum Wisniewski has suggested measures like empowering teenagers as end users, using teenagers centric approach to designs, design for safety with privacy in mind and help teenagers with communicate with their parents. Ultimately, it's about giving teens the skills they will need to make good, independent decisions as adults.

-AJAY LOVEKAR

(NEWSCASTER)

(Ref:<https://www.computer.org/publications/tech-news/research/teen-internet-safety-apps-parental-control>)

Social networking sites and their impact on the Indian youngsters...



The youth of today has a very unique feature and interest to explore the things at their own and also to spread their horizon of knowledge and social network. They believe that every next stranger has a potential of becoming a friend, they want to become globalized and in this case social networking sites are providing one such fascinating and interesting platform to them through the medium of which they reaching out to build up a strong social network. Today is the time of Facebook and Twitter and many other famous social sites available which have given enough freedom to the young people to explore the world and its people at their own.

A mobile phone without the apps of Facebook and twitter is a complete waste for the youngsters and; the flexibility, freedom of expression, availability are the reasons because of which; these sites have become so much important and attractive for the youth. **Even the surveys also convey that out of the 32% of the total Indian youth, 20% of the youth has an access to the social networking sites.** social networking sites have given freedom and flexibility to the youngsters. Social networking sites in fact these are the good mediums of reaching out in the world and to get acknowledged but it all depends on our thinking and actions that how do we do it or how much better we make the use of these sites.

Social networking sites have become a necessity for today's youth and certainly have a positive effect on the youth and help in personality development and betterment of their character. **Today's youth have unique features and interests of gaining knowledge, spreading the horizon of knowledge and building strong network.** Youth also use social networking sites to reaching to a wider world and acknowledging the same.

-AJAY LOVEKAR

(NEWSCASTER)

(Ref:<http://www.indianyouth.net/social-networking-sites-and-their-impact-on-the-indian-youngsters/>)

SCIENCE & NATURE

INDIAS YOUTH TAKE ON PLASTIC POPULATION:



On the 30th June 2020, numerous young people joined together at the Virtual Youth Summit in India to celebrate their completion of the Tide Turners Plastic Challenge in India. The challenge is a global initiative to educate young people about plastic pollution.

Due to Covid-19, the fieldwork could not be carried out as planned. Still, the young tide turners found ways to complete their challenge virtually.

All participants had to undertake three levels of challenges. First, they had to audit their plastic footprint and take action to reduce it. At the next leader level, they were expected to influence and mobilize their institutions and communities for accelerated collaborative action. At the final championship level, they were expected to initiate dialogues with authorities in schools, colleges, corporations and businesses and advocate practices to mitigate plastic pollution through embracing policies to reduce the use of disposable plastic on their premises. In all, 1700+ youth qualified for the championship badge.

Director of CEE said,

“Youth has the power to bring about positive change. The Plastic Tide Turner Challenge was designed as an online platform for youth to participate, learn, act and share in the global challenge that plastic pollution causes. The COVID pandemic added another dimension to the challenge. It is therefore wonderful the way over a 120,000 youth in India, joined their counterparts in other countries to get involved in this challenge and wished to contribute to the solution.”

Quiz:

Which of the following numbers on plastic are safe to use?

- A.) 2,5,6
- B.) 1,3,6,7
- C.) 2,4,5
- D.) 2,5,6,7

Ans: opt C.

Sadhana Forest Reforestation Volunteer Program in Southern India

Sadhana Forest is working to reforest 70 acres of severely eroded land with tropical dry evergreen forest. This type of forest is extremely threatened these days and only exists in South India and Sri Lanka.



Volunteers at this reforestation program are mainly involved in horticultural activities like planting, mulching, and watering trees, as well as working on the organization's water conservation project in the forest and the local community, and general maintenance of the area (including cooking and cleaning). It's a very eco-friendly project as solar energy, biodegradable toiletries, and compost toilets are used, and a vegan diet followed.

Fact: 80000 Acres forest land disappear from the earth everyday!

-MANSI P. SIKCHI
(NEWSCASTER)

(Ref-<https://www.gooverseas.com/blog/best-volunteer-programs-india>)

ACADEMICS

SPORTS AS A CAREER OPTION

Are you among the lot with an inborn passion for sports? If your answer is in the affirmative, then sports as a hot career does offers a plethora of opportunities for you.



To be a sports person one needs to be physically fit, energetic and enthusiastic.

ELIGIBILITY CRITERIA

The Sports Authority of India has been constituted at the National level to encourage and develop budding talents in sports. The minimum educational qualification is a 10+2 pass.

There are many state level and national level associations and councils set up for the purpose of finding and nurturing sporting talent in the country.

PERSONAL SKILLS

Modern day's sports require lot of physical energy and stamina, hence sports persons are supposed to be energetic, enthusiastic and physically fit. Besides possessing ability Patience, perseverance and a sporting spirit, they must also be committed to their games.



CAREER SCOPES AND JOB PROSPECTS

- COACHING
- SPORTSPERSON
- SPORTSPHOTOGRAPHER
- REFEREE/ UMPIRE

OPPORTUNITIES WITH PRIVATE SECTOR

The increasing awareness about physical fitness and the popularity enjoyed by many games has led to the mushrooming of sports clubs all over the country. Such clubs are privately owned and the owners prefer persons with exposure in relevant sporting and leisure clubs.



MANUFACTURING AND SPORTS EQUIPMENT

Innovation and experience is an excellent combination and works well in many areas including that of sports equipment manufacture.

Big sporting events like the Olympics/Asian/Commonwealth games regularly showcase such innovative equipment, of which many go on to become standard equipment.

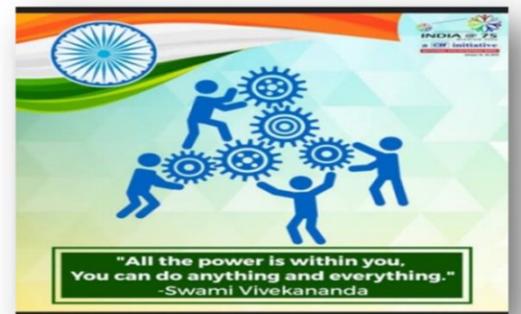
-VISHAKHA GAIKWAD
(NEWSCASTER)

(Ref- <https://www.indiaeducation.net/careercenter/professional-courses/sports/>)

Role of Youth in Nation Building

Introduction

Youths play a crucial role in national development. They are the vital resources worth investment by the nation as they are the most valued possessions for its progress and development.



Understanding role of youth

The emerging global consensus on youth development emphasizes the need to include the perspective of youths in the process of national development with the effective contribution of youths in national development practice. Over the years, there has been an increase in awareness about the important role youths can play in sustainable development of the nation.

Youths have been making tremendous contribution in the improvement of our society. There is hardly any arena, be it cultural, social or economic development of the nation, where youths have not played their role. They make huge contributions to the community at all levels as models, actors, social workers, prolific writers, players, and so on.

Yet, in spite of their valuable contribution towards the development process they have remained unappreciated by the society.

Youths have also remained excluded from society's important socio economic decisions.

Youths have been exploited in various sectors by their seniors and most of the time they end up as lowest beneficiaries.

Conclusion

Therefore, we need to utilize the power of our our youths for the progress of our nation. We must make the most of their undying energy, innovative ideas and unique perspectives.

Youth is surely the most prized possession of the nation and the sooner we realize and utilize their full potential and pow faster our nation will progress and develop.

- SHAIKH UBEDUR REHMAN
(NEWSCASTER)

(Ref-www.englishonline.at)

MEDIA

Connecting passion and career

You have likely heard the adage, “Choose a profession you love, and you’ll never work a day in your life.” Although the thought of this has merit, sometimes, if a person’s passion isn’t something they can easily transform into a money-making endeavor, it can be a little unrealistic. Thankfully, there are a few steps that one can follow to combine your passion with your profession to create a purposeful life.



First of all, we need to know ourselves well. To know about one’s passion, one should first his/her likings which as a profession wouldn’t feel like a burden regardless of the circumstances being favorable or not. As the world changes with its modern advancements, we too need to transition from trying to fit into the customs of the society to standing up for our own and signifying a sense of individuality. After having done a little introspection, there are bound to be at least a few things that one likes. List them out and try them till you find one that suits you and doesn’t feel like a responsibility when working on it.

“Things may come to those who wait, but only the things left by those who hustle.”

– Abraham Lincoln

Working hard is pretty essential to any aspiration that one wishes to make a living out of. Be it the work of a farmer, a comedian or a corporate employee everyone has a different hustle in their path to success.

The recent two decades have turned the world of possibilities upside-down for us. Starting from the mainstream careers like accountancy and engineering, we are now in a time where there’s great potential to earn stature and fortune through careers, which in the past seemed like a mere impossibility like being a comedian or movie critic. So, never consider the things that have never been done before as an impossibility.

The last but the most important step is failure. Nobody likes to fail. But the point every one of us misses is that we learn to avoid the same mistakes again when a similar circumstance arises.

A simple step of taking action helps. Doing something, no matter how small, each day takes you closer to your goal and will allow you to see progress. Always remember why you started and where you want to end up.

~ **VEDANG KHOPKAR**
(NEWSCASTER)
(Ref- BallMedia)

Youth of India, the need of the hour for the Indian politics


The country desperately needs some young leaders who are energetic, enthusiastic, morally sound and diligent. There is no doubt that our country has progressed a great deal since the time of independence. our development would have proceeded much faster if we had had some young torchbearers to light the way. There can be two reasons for this deplorable state of Indian politics. One may be that the youth today are not interested in actively participating in the political field. They are content with what they are doing and how the country is being governed. But this reason seems to hold no ground in view of the discontent shown by the country’s youngsters.

The second reason may be that young people are not given opportunities to prove themselves with the excuse that they are not sufficiently experienced to participate actively in the governance of the country. They can contribute in more ways than by just contesting elections. Much can be done in areas like education and raising awareness about the political process.

To deal with the issue of the youth not being given an opportunity, The Ministry of Parliamentary Affairs, a Government body started a Youth Parliament, an event which replicated the actual Parliamentary houses of India. These Youth Parliaments educated the youth to get acknowledged to the working of the Parliament, how the entity makes decisions and applies them to the society. The youngsters who attended these events were then able to reason how and why the ministries decide on policies rather than just criticizing it blindly. The system of Youth Parliament was adopted from MUNs or Model United Nations, events that represented the United Nations for the Youth all around the globe.

Our nation currently needs young leaders that already understand the nitty-gritty of the current political state and the only way to do so is to educate them further about the same. Many schools already have made it mandatory for each student to attend at least one of such events to make them a better citizen, but with a population of about 135.26 crores, we still have a long way to go. But the day each youngster of India becomes aware of the current state, we are bound to see a better future for the nation.

- **VEDANG KHOPKAR**
(NEWSCASTER)
(Ref: qrius.com)
(Ministry of parliamentary affairs)

LIBRARY

Awakened One

Gautam buddha is regarded as one of the most wise and intelligent men to have walked the earth . He was a fresh breath of wind in an era where religion was being misused by the people in power to exploit and suppress the masses . He founded a religion known as buddhism which is an ideal way of life preached by him . Buddha, born with the name Siddhartha Gautama, was a teacher, philosopher and spiritual leader who is considered the founder of Buddhism. He lived and taught in the region around the border of modern-day Nepal and India sometime between the 6th to 4th century B.C.

The name Buddha means "one who is awakened" or "the enlightened one."

How buddhism began – According to the most widely known story of his life, after experimenting with different teachings for years, and finding none of them acceptable, Siddhartha Gautama spent a fateful night in deep meditation beneath a tree. During his meditation, all of the answers he had been seeking became clear, and he achieved full awareness, thereby becoming Buddha.

Gautam buddhas early life – Siddhartha ("he who achieves his aim") Gautama grew up the son of a ruler of the Shakya clan. His mother died seven days after giving birth.

A holy man, however, prophesied great things for the young Siddhartha: He would either be a great king or military leader or he would be a great spiritual leader.

To protect his son from the miseries and suffering of the world, Siddhartha's father raised him in opulence in a palace built just for the boy and sheltered him from knowledge of religion, human hardship and the outside world.

According to legend, he married at the age of 16 and had a son soon thereafter, but Siddhartha's life of worldly seclusion continued for another 13 years.

Siddhartha in the Real World

The prince reached adulthood with little experience of the world outside the palace walls, but one day he ventured out with a charioteer and was quickly confronted with the realities of human frailty: He saw a very old man, and Siddhartha's charioteer explained that all people grow old.

Questions about all he had not experienced led him to take more journeys of exploration, and on these subsequent trips he encountered a diseased man, a decaying corpse and an ascetic. The charioteer explained that the ascetic had renounced the world to seek release from the human fear of death and suffering.

Siddhartha was overcome by these sights, and the next day, at age 29, he left his kingdom, his wife and his son to follow a more spiritual path, determined to find a way to relieve the universal suffering that he now understood to be one of the defining traits of humanity.

Conclusion –

We can say by seeing how Gautam buddha was kept aloof of the real world for most of his youth that he was greatly loved and overprotected during his youth years due to which he had a hard time coming to grips with reality . Not seeing any problems or hardships and suddenly being exposed to the real world made him question his existence and many queries began to haunt his tender mind which caused him to break free of the chains of royalty and privilege for the life of a wise and pious man.

- **AYUSHMAN PANDEY**
(NEWSCASTER)
(Ref- [wikipedia.com](https://www.wikipedia.com))

Youth literature festival

A literary festival, also known as a book festival or writers' festival, is a regular gathering of writers and readers, typically on an annual basis in a particular city. A literary festival usually features a variety of presentations and readings by authors, as well as other events, delivered over a period of several days, with the primary objectives of promoting the authors' books and fostering a love of literature and writing.



Writers conference are sometimes designed to provide an intellectual and academic focus for groups of writers without the involvement of the general public. There are many literature festival held around the world. The youth literature festival brings award winning author of youth literature to area schools in a three day events, culminating in a community day celebrations with authors panels activities for kids , performance to share with the whole family. A bi-annual event, the festival is provided without cost to participants or school districts.

The missions of the youth literature festival is to place literature, and all the arts, at the heart of youths' lives .started by the collage of educations at the university of Illinois at Urbana campaigning 2008, the event celebrates the value of literature in the lives of youth by bringing together nationally known authors illustrators, poets, and , storytellers to share their stories, their craft, and their enthusiasm for books with children and teens.

The festivals held every two years since 2008, leads off with authors visiting numerous area and schools. The popular and free -to-the-public community day celebrations caps the events .festivities during community day include authors presentations and panels, hands-on activities, puppetry, storytelling and musical performances.

The youth literature festival is supported by the college of education and the university library at the university of Illinois at Urbana -campaign and happens. because of these generous sponsor the youth literature festival is a reality for thousands of K-12 students would not otherwise be possible.

The festival focuses on diversity ,as well as literature said youth literature festival coordinator Vivian Dixon.the youth festival is an initiative of the center for education in small urban communities within the college of education at the university of Illinois, in collaboration with the university library and Illinois public media . The festival would not be possible without the generous support of individuals publishers.

Robinson Crusoe author Daniel Defoe tried his hand at many unsuccessful business venture before he became a well-known pamphleteer novelist.one of the weirdest things he ever tried to sell was perfume made from the secretions of cats' butts.

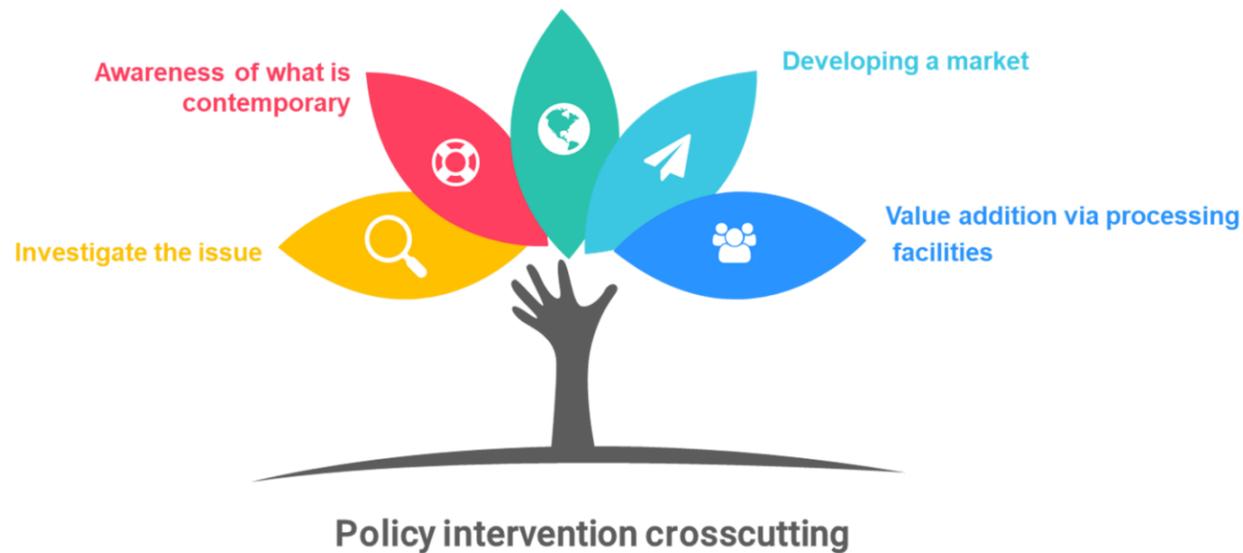
- **SIDDHI KAREKAR**
(NEWSCASTER)

(Ref: <https://www.prnewires.com/news-release/2019-youth>)

FOOD, HEALTH & NATURE

How agriculture can be made 'Cool' for India's youth.

Converting normal Agri-farmers to Agripreneurs



This article discusses the waning interests of rural youth in agriculture and suggests interventions to mitigate this issue. Investigate the issue: There is a need to study the needs, aspirations and perceptions of youth with regards to agriculture. The findings of such investigations can form the guiding principles of devising action plans on educating, mentoring, and assisting young men and women in the areas such as professional farming of plants and animals, management of emerging business opportunities.

Awareness of what is contemporary: Necessary awareness on agriculture business through experiential learning has to be created. Special training programs on production of high value, low volume products adapted to controlled and uncontrolled conditions need to be launched under the auspices of Agriculture Skill Council of India. Reorienting pedagogy that assures transfer of fresher knowledge with assurance on lifelong learning would be necessary.

Converting agri-farmers to "agripreneurs": Development departments should institutionalize youth-specific schemes facilitating unhindered access to financial services..

Developing a market: Success in emerging specialty agriculture depends upon quick growth in marketing and trade. Elimination of existing barriers via real-time transfer of information on right decision support products, markets and consumer demands by infusing the state of the-art ICT tools would be crucial.

Value adding processing: Value addition to agricultural produce by primary processing is known to cause an additional surge in income and employment. It however, requires establishing a processing plant on agricultural farm. This amounts to change in land use. Present laws do not permit this mutation without seeking approval of the competent authority. The compliance procedure is both time-consuming and full of hassles. It would be appropriate to introduce necessary wavering of archaic clauses allowing setting up of a processing plants on farms. Since a value adding facility is treated as industry, it attracts commercial tariff on power consumption. In order to encourage primary processing, which maximizes income and employment and minimizes waste, it is suggested that the set-up continues enjoying subsidized electricity as is available to regular cultivators.

**-AISHWARYA PATHARE
(NEWSCASTER)**

(Ref- <https://www.epw.in/engage/article/how-can-agriculture-be-made-cool-indias-youth>)

Unhealthy food habits of youth's & Their constant reason of illness

Changing food habits of city youth is the reason for youngsters being prone to health disorders. Urban lifestyles have led to high consumption of instant foods on a daily basis. Though these vegetarian and non-vegetarian foods cause a lot of health disorders, people continue to relish them. Students from the city colleges, employees from banks, IT companies and BPOs particularly, frequent fast food stalls for their daily meals. This habit has been mostly witnessed in cities like Hyderabad, Bengaluru, Delhi etc. Vizagites too have begun to adopt this trend in recent times.



Daily consumption of instant foods can make people ill say food and nutrition experts. "The trend of eating preserved foods daily can lead to stomach cancers, heart problems, constipation, obesity and many other health disorders, even leading to memory disorders and nervous breakdowns in children," warns R. Rekha, faculty member of food and nutrition department of AU.

According to a recent survey conducted by Andhra University, the content of salt is high in all canteen meals. Busy schedules prevent many from cooking their own meals. Discounts, offers, and marketing strategy like home deliveries, are other reasons why food lovers are drawn to ready meals.

A student from a city college says he prefers pizzas and fried chicken for his meal. "As a non-local student, I used to cook my lunch and dinner. But now, food centers and home deliveries have made life easier," he says happily.

**AISHWARYA PATHARE
(NEWSCASTER)**

(Ref- <https://www.deccanchronicle.com/140119/lifestyle-health-and-well-being/article/youth-crave-junk-food>)

CULTURE & CUISINE

India's youngest chef from Kerala aspires to be an astronaut chef

Known as the world's youngest chef, a class 3 student from Kerala called Nihal Raj, popularly referred to as Kicha on social media, has revealed that he aspires to be an astronaut chef! At the Sharjah Children's Reading festival, he shared his big dream, which is to "cook in space". Not just that, this little chef from Kerala is keen to invent an oven that can function perfectly in space and make delicious food for astronauts. Not only is Kicha so passionate about cooking, he already has a highly popular following on YouTube, where he posts his cookery videos. A motivational speaker and super talented chef, Kicha's YouTube channel showcases the little chef at work.



It is not just his age that makes little Kicha conquer hearts but his passion for cooking and ease with which he enjoys performing on the cookery videos without a script! In Kicha's cookery videos, he is being himself – a little chef enjoying his passion. That gives him an edge over the scripted cookery shows because people enjoy the fact that the chef is enjoying what he does and sharing it with them. Right from a young age, this child prodigy, who is now studying in Class 3 at Kochi-based Choice School, has several accomplishments to his credit. For instance, his very first video titled 'Mickey mouse Mango Ice Cream' was purchased by Facebook.

FUN FACT- In May 2016, Facebook reached out to the young chef and bought exclusive rights to his 'Mickey Mouse' video.

Little Kicha's amazing culinary love brings to mind a fitting quote by Julia Child who said, "This is my invariable advice to people. Learn how to cook — try new recipes, learn from mistakes, be fearless and above all, have fun!"

(Ref: <https://www.financialexpress.com/lifestyle/kitchen-to-space-shuttle-indias-youngest-chef-from-kerala-aspires-to-be-an-astronaut-chef/1572225/lite/#aoh=15946528381768&referrer=https%3A%2F%2Fwww.google.com&tf=From%20%251%24s>)

How Can Youth Help In Keeping the Indian Traditions Alive?

India has a rich culture and the traditions followed by its population are famous worldwide. Many people visit India to be a part of these traditions and take them back to their part of the world. The youth, an important part of the nation, will soon be seen as the torch bearer. Youth will be blessed with the responsibility of taking the Indian traditions forward. The youth of our country is often regarded as modern and detached but this is something that can change the impression about the youth forever, and the communication gap between the youth and the rest of the generations will narrow down. Living up to the Indian tradition is no easy thing, one has to keep in mind the various cultures and rituals and the beliefs in mind and then take a step forward. Hence, it is of great importance that the youth becomes a part of the festivities so that they get a clear idea of how things work in the traditional Indian system. They should know the relevance of the traditions and then should be able to believe and follow them.



India is clearly one of the richest countries in the world when it comes to culture, the youth should understand this and be ready to protect this image.

India has often made its citizens proud because of the rich culture it offers to the world and the citizens of this country. Thus, in order to protect the image that Indians enjoy all over the world youth should make an effort and be a part of this culture and carry on the traditions. This will not only make them a proud Indian but will also make them feel more connected to their motherland. Also, this will help India in retaining its position as a culturally rich country at a global level. We all owe our nation our nation atleast this much.

- **RUCHI SONI**
(NEWSCASTER)

(Ref: <http://www.indianyouth.net/how-can-youth-help-in-keeping-the-indian-traditions-alive/>)

TRAVEL & TOURISM

YOUTH TOURISM

Introduction :-

Youth tourism in a nutshell is young travelers having preference for budget accommodation, emphasis on meeting other travelers, independently organized, flexible travel schedule and longer rather than brief holidays

Youth tourism can be seen through modern initiatives including (but not limited to); travel, backpacking, youth hostels, working holiday programs, education, student flights, cultural exchange, backpacker transport, au pair, adventure tours, volunteering, internships, student travel insurance, youth travel agents, tourism boards, internet cafes, language courses, student identity cards and student exchange



Factors responsible development of youth tourism :-

Social Media - Youth tourists share their experiences through a wide of audiences on their social networks; communicating, promoting and influencing

Economic Importance: Youth tourism has developed into an economically significant and high profile market in the last few years. Through foreign exchange earnings from travelers; increases in employment opportunities, ability to afford imports of necessary goods and services and boosts in local economies is created. Without this incentive they travelled to the destination to begin with due to affordability. Additionally, as youth tourism tends to spend longer duration on traveling, budget for cheap accommodation enabling them to spend more money on activities and travel to less 'popular' destinations; youth tourism distributes economic benefits throughout local economies.

Impacts :- Travel agents: Travel agents may struggle for business in the future, as young travelers tend not to use them. In fact, 80% of youth tourists said they did not use travel agents for any plans

Infrastructure: Infrastructure problems are emerging from youth tourism in poor nations that attract youth tourists These poor nations have restricted development opportunities due to a lack of capital, resulting in deprived infrastructure from services.



-VIDHI JADHAV
(NEWSCASTER)

(Ref - www.youthtourism.comwww.wordpress.com)

Taking travel to the core of people's desires

Have you ever thought about what type of traveller are you? Which European itinerary suits your needs the best

When I look at my personal social media, an amount of traveling experiences are shared. On Instagram, a young couple traveling to Paris and visiting Notre-Dame while giving a life street concert. On Snapchat, a group of friends together with their grandfathers making short footages while walking a section of the Camino de Santiago with their backpack. The content of the posts has the power to inspire others to achieve enrichable experiences and share their wisdom globally.

Certainly, there is a tendency for planning unexpected itineraries using unpredictable methods. Perhaps you can already identify some of your friends who decided to visit Europe by bike or maybe you have that Erasmus friend who never stops seeking for a journey to the Iberian Peninsula from Cádiz to Basque Country. This way of acting can release abilities to enhance the state of your mind. As the slogan of the Spirit Youth project says, "Free your mind."



Due to a constant routine, we friends were also looking for activities to recover our creative spirit and positive mind. We decided to take our tent and go hiking to Hardangervidda National park (Norway) for two weeks. We engaged actively in local activities such as kayaking and cycling while enjoying the Edified charming landscape. We were able to involve ourselves in an exceptional form of recreation of inestimable value. Sports, mountains, and no internet seemed the perfect combination to free our mind.

-VEDANT P. DALVI
(NEWSCASTER)

(Ref - www.spirit youth.com)

SOCIAL ISSUES

DRUG ADDICTION

It's easier to avoid substances altogether than it is to recover from addiction

Recovering from addiction can be a difficult and taxing process. Certain people are much more susceptible to addiction. There are several effective ways to prevent drug addiction.



Here are some tips on how to stop addiction before it even starts:

-Find healthy ways to cope with stress.

People begin using drugs to deal with stress & tension. It's just a temporary fix. Once a person comes down from drugs, they are likely to experience physical and psychological side effects that only intensify feelings of anxiety. Finding coping methods such as exercise or meditation can eliminate the urge to try drugs.

-Maintain a lifestyle that makes you happy.

Low self-esteem and depression are major triggers for drug abuse. It is easy to let one aspect of your life, such as work, become overwhelming. Maintaining strong relationships and a healthy balance between physical & mental activity can help you maintain the stability that is needed to stay drug free.

-Accommodate things that you deeply care about.

Whether it's a sport, artistic endeavor, or personal relationships, having something that you are passionate about motivates you to stay healthy. If you care deeply enough about the people and activities in your life, you are less likely to jeopardize them by experimenting with drugs.

-Be aware of your family's history with substance abuse.



The tendency toward addiction is linked to genetics. If you know that you have a higher chance of becoming addicted, take extra precautions to avoid drugs and alcohol. If you were around a parent who abused drugs as a child, you may also want to seek counseling to help you resolve. The keys lie in keeping yourself happy and healthy while you are drug-free.



-RUTUJA SURVE
(NEWSCASTER)

(Ref: <https://psychcentral.com/blog/5-steps-to-stop-drug-addiction-before-it-starts>)

THE CURRENT ENEMY OF TEENS : STRESS

Stress is normal, and it isn't necessarily bad. Some stress can motivate you and get you ready for action. According to a research by Mission Australia, almost 40% of 15 to 19-year-olds are very concerned about their ability to cope with stress.

The Signs of stress in teenagers can show up in their behavior, emotions, body and thinking.

1) To be specific:

- Lack of sleep or too much of sleep.
- Mixed emotions or worry about missing out on what his peers are up to.
- loss or gain weight, changes in her periods.
- finding it hard to concentrate and stay focused.

2) Lots of things causes stress in teenagers:

- lack of sleep.
- especially homework, exams and pressure to do well.
- life changes like leaving school, getting into university or getting a job.
- too many things to do, and feeling unprepared or overwhelmed by tasks.

3) How to reduce stress:

- Do some physical activity.
- Stay connected to family and friends.
- Get enough sleep, at least 8-10 hours.
- Relax, go for a walk or read a novel.

4) Helpful thinking can reduce stress:



Adults, teenagers can develop unhelpful thinking that makes it harder to deal with stress.

-Some unhelpful thinking patterns: labelling yourself, thinking things will always go wrong, fortune-telling or expecting the worst.

-Ways to develop helpful thinking patterns: Seeking someone, Encourage and motivate yourself, try to think differently about the situation.

-You can help yourself with stress by communicating, spending time together, encouraging yourself to eat well, sleep, exercise and think positively. These small steps can surely lead you to a stress-free life. Till then be safe.

-RUTUJA SURVE
(NEWSCASTER)

(Ref: <https://raisingchildren.net.au/pre-teens/mental-health-physical-health/stress-anxiety-depression/stress-in-teens>)

STUDENT'S SECTION

QUIZ

1] What is the converted average of all grades received?

- Average
- GPA
- Class Rank
- Credits

2] What does the NCAA stand for?

1. National College Academy of Arts
2. Nationwide Company of Administrative Assistants
3. National Collegiate Athletic Association
4. National Collegiate Academic Association

3] What is a teacher of the highest rank in a college or university?

1. Assistant Professor
2. Associate Professor
3. Professor
4. Teacher

4] What is a letter written by someone describing your skills, accomplishments and personality?

1. Cover Letter
2. Recommendation Letter
3. Reference
4. Resume

5] ROTC stands for Reserve Officer Training Corps.

1. TRUE
2. FALSE

Corporate giving opportunities

Nestle India reaches out to Youth—launches 1000 “Nesternship” opportunities for young professionals, aims to enhance competence and employability

Commenting on this initiative, Mr. Suresh Narayanan, Chairman, and Managing Director, Nestle India said, “India’s future hinges on the energy, capabilities and hard work of our youth and being part of that eco-system, Nestle India is committed to this imperative. We intend to do our humble bit and play a part helping the youth of the country cope with these unprecedented times, by ensuring that they do not lose out on opportunities to build their professional competence.”

-GAYATRI PATIL
(NEWSCASTER)

(Ref -<https://sightsinplus.com/news/jobs-news/nestle-india-launches-1000-nesternship-opportunities/>)

STUDENT'S ART WORK



- POEM BY RUTUJA SURVE (SYBMS)

COLLEGE STUDENT FUN

FACTS:

1. Campus visits are crucial in the decision-making process.

According to 2016 research performed by the Higher Education Research Institute at the University of California, Los Angeles, 46.7 percent of students considered a campus visit “very important”

2. Many students are staying closer to home.

In 2016, 37.9 percent of students attended a college within 50 miles of their permanent residence.

- RASVITA RANE

(NEWSCASTER)
SOURCE-News18

CORPORATE GIVING OPPORTUNITIES:

Tata Consultancy Services to hire 40,000 candidates from campuses Across India Amid Covid-19 unemployment.

The Coronavirus pandemic and its ongoing attack has left many organisations running into losses.

The Tata Consultancy Services(TCS) has decided to carry out its freshers placement drive in its usual scale. According to media reports, the company is looking forward to hiring 40,000 candidates across India from campuses.

- RASVITA RANE

(NEWSCASTER)

([ref-https://campusadv.com/10-](https://campusadv.com/10-)

Previous week's marvel quiz Answers

1. Soul stone
2. Wakanda
3. The Russo brothers
4. Howard Stark
5. Avengers - Endgame
6. Mjolnir
7. The winter Soldier
8. Karen Gillan
9. Captain Marvel
10. Wanda Maximoff

Previous week's riddles answers

- 1) Starting
- 2) Footsteps
- 3) A penny
- 4) David
- 5) An apple a day keeps the doctor away
- 6) Letter 'M'

Previous week's Sudoku Answer

3	8	4	7	6	5	1	2	9
5	2	7	3	1	9	6	8	4
1	9	6	8	2	4	3	5	7
9	3	1	2	7	8	5	4	6
2	4	8	6	5	1	7	9	3
6	7	5	9	4	3	8	1	2
7	5	9	4	8	6	2	3	1
8	6	3	1	9	2	4	7	5
4	1	2	5	3	7	9	6	8

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